

2018年10月 献立表 一般

Main table containing meal schedules for 2018 October, organized by date (1st to 19th) and time of day (午前, 昼食, 午後). Each entry includes food items and their respective quantities for infants and children.



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Table with columns for dates (20日 to 31日) and rows for meals (午前, 昼食, 午後). Each cell contains a list of ingredients and their quantities for infants and toddlers. Includes a footer row for total kcal per day.