

2020年10月 献立表 一般

第2長尾保育園

Main table containing meal schedules for 2020 October, organized by time of day (午前, 昼食, 午後) and days of the week. It lists various dishes like 牛乳, 鶏の唐揚げ, 御飯, etc., with columns for ingredients and quantities for different age groups (乳児, 幼児).

Summary table at the bottom showing energy and nutrient values (エネルギー, たんぱく質) for each day's menu.

